

From: [Nicoya Helm](#)
To: [Public Testimony](#)
Subject: Support Ordinance 220961
Date: Monday, February 6, 2023 3:31:51 PM

To the honorable **KC Neighborhood Planning and Development Committee members:**

As a downtown Kansas City, Missouri resident and small business owner, I urge you to enact Ordinance 220961 to support and sustain trees in Kansas City. As a professional mindfulness meditation and mental health educator, I've read the research, and science has shown again and again that trees can improve physical and mental health and strengthen social connections. Additionally, they help reduce air and water pollution, sequester carbon, and even help with heating and cooling. In other words, they help make Kansas City a better place to live, work, and play.

In conclusion, Kansas Citians need to do everything we can to combat the climate crisis, and create a livable, healthier future for ourselves and our families. That includes holding developers accountable for what they do with land and trees in KC, which Ordinance 220961 will help do.

Sincerely,

Nicoya Helm
Owner-Manager, Nicoya Helm LLC